**The Subtle Art of Not Giving A F\*ck**

self-help book

<https://www.waterstones.com/book/the-subtle-art-of-not-giving-a-f-ck-smiths-uk/mark-manson/9780062837509>

£12.99

<https://www.amazon.de/Subtle-Art-Not-Giving-Counterintuitive-ebook/dp/B019MMUA8S>

€11.99

<https://books.google.de/books?id=yng_CwAAQBAJ&lpg=PP1&hl=de&pg=PP1#v=onepage&q&f=false>

#1 New York Times Bestseller

Over 3 million copies sold

In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people.

For decades, we've been told that positive thinking is the key to a happy, rich life. "F\*\*k positivity," Mark Manson says. "Let's be honest, shit is f\*\*ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is-a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F\*\*k is his antidote to the coddling, let's-all-feel-good mindset that has infected modern society and spoiled a generation, rewarding them with gold medals just for showing up.

Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited-"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them.

Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek.

There are only so many things we can give a f\*\*k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F\*\*k is a refreshing slap for a generation to help them lead contented, grounded lives.

A self-help guide for millennials-superstar blogger Mark Manson shows us how to accept our faults, discover just how much pain we can tolerate, and stop deluding ourselves so that we can be better, happier people.

The Subtle Art of Not Giving a F\*\*k is a self-help book aimed squarely at the millennial crowd, the ones who got gold medals for coming ninth in the running races. It posits that there are a limited number of fucks to give, so we better work out which ones we care about.

The Subtle Art of Not Giving a F\*\*k-profane, direct, funny-is a response to the orgy of delusional positive thinking that goes on, both within the personal development industry and American culture at large. Manson's book makes the argument, backed both by academic research and well-timed poop jokes, that our ability to improve our lives hinges not on our ability to turn lemons into lemonade, but rather on our ability to learn how to stomach lemons better. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and instead start confronting the painful truths, we begin to find in ourselves a spontaneous emergence of classic virtues such as courage, perseverance, honesty, responsibility, curiosity, and forgiveness.

The key demo for this book is the Millennials. They have different political beliefs, different life priorities, different buying habits, and different sexual/romantic behavior to all previous generations. They are known for being cynical, super ADHD, and entitled, but thanks to the Internet they also happen to be the most well-informed generation (they read more news than anybody else), so what would the generation-defining self-help book of today look like?

The Subtle Art of Not Giving a F\*\*k-alternative and anti-establishment-is that book. It says, "Fuck positivity, because let's be honest, shit is fucked and we have to live with it." It also says, "We actually are extremely limited, so we should get to know our limitations rather than ignore them." And it says, "No, not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault."

Bottom line: the majority of what is shown through media and pop culture is manufactured and artificial. Money is nice, but giving a shit about what you do with your life is better. Wealth comes not from a big bank account but from a wealth of experience. The Subtle Art of Not Giving a F\*\*k delivers this message with bitchslap and gusto-along with a series of cool stories intermingled with the usual irreverent potty humor. This book is a much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk.

Publisher: HarperCollins Publishers Inc

ISBN: 9780062457714

Number of pages: 224

Weight: 318 g

Dimensions: 210 x 140 x 21 mm

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**Into the Water**

thriller

Paula Hawkins (author)

<https://www.waterstones.com/book/into-the-water/paula-hawkins/9781784162245>

£7.99 x £5.99

<https://www.amazon.com/Into-Water-Novel-Paula-Hawkins/dp/0735211205>

$9.99

<https://books.google.de/books/about/Into_the_Water_Traue_keinem_Auch_nicht_d.html?id=p3i8DQAAQBAJ&printsec=frontcover&source=kp_read_button&redir_esc=y#v=onepage&q&f=false>

The addictive new psychological thriller from the author of The Girl on the Train, the Waterstones championed, runaway Sunday Times No. 1 bestseller and global phenomenon.

‘Please’

She sinks. By the time they drag her out the second time her lips are the blue of a bruise, and her breath is gone for good.

In the last days before her death, Nel called her sister. Jules didn’t pick up the phone, ignoring her plea for help.

Now Nel is dead. They say she jumped. And Jules has been dragged back to the one place she hoped she had escaped for good, to care for the teenage girl her sister left behind.

But Jules is afraid. So afraid.

Of her long-buried memories, of the old Mill House, of knowing that Nel would never have jumped.

And most of all she’s afraid of the water, and the place they call the Drowning Pool…

Described by the Sunday Mirror as 'A brooding and complex read that deserves to make a splash in its own right’ Paula Hawkins’ follow-up is a multi-layered story that speeds along with the same propulsive writing and acute understanding of human instincts that captivated millions of readers around the world in her explosive debut thriller, The Girl on the Train. In Into the Water Paula Hawkins delivers an urgent, satisfying read that hinges on the stories we tell about our pasts and their power to destroy the lives we live now.

“For me there is something irresistible about the stories we tell ourselves, the way voices and truths can be hidden consciously or unconsciously, memories can be washed away and whole histories submerged.” - Paula Hawkins

Publisher: Transworld Publishers Ltd

ISBN: 9781784162245

Number of pages: 448

Weight: 304 g

Dimensions: 198 x 127 x 27 mm

**Hellbent**

thriller

Gregg Andrew Hurwitz (author)

<https://www.waterstones.com/book/hellbent/gregg-hurwitz/9781405928540>

£7.99 x £5.99

<https://www.amazon.de/Hellbent-Conspiracy-Innocent-Victim-Thriller/dp/1405929901/ref=sr_1_1?s=books-intl-de&ie=UTF8&qid=1531483401&sr=1-1&keywords=Hellbent>

€6.99

<https://books.google.de/books?id=O84rDwAAQBAJ&lpg=PP1&hl=de&pg=PA2#v=onepage&q&f=false>

<https://www.bookdepository.com/Hellbent-Gregg-Hurwitz/9781405928540?ref=grid-view&qid=1531909200020&sr=1-1>

https://wordery.com/hellbent-gregg-hurwitz-9781405928540?cTrk=OTQ1Njc0MTN8NWI0ZjE0OThlZmExNzoxOjE6NWI0ZjE0OTgwNTY5MjEuNjM3NzU5ODM6NjhjNDExODE%3D

A dark conspiracy. An innocent victim. And one man hellbent on making it right. The explosive new Orphan X thriller from bestselling author Gregg Hurwitz.

'Do you need my help?' They called him Orphan X. Evan Smoak used to be a government secret weapon. Then he ran and became the man you call on when you've nowhere else to turn. This time it's a teenage runaway called Joey. Like Evan she's no innocent: she was brought up inside the same programme that raised him. Now Evan must find Joey before those hunting her do. Which is where the trouble begins. Because this might not be about Joey at all. And if it's not, then it must be about Evan. But finding out why could kill them both ...

'A masterpiece of suspense and thrills' Daily Mail 'The page-turner of the season' The Times 'A rival to Reacher' Independent

Publisher: Penguin Books Ltd

ISBN: 9781405928540

Number of pages: 512

Weight: 351 g

Dimensions: 198 x 129 x 30 mm

**A Stranger in the House**

thriller

14.77$

In this neighborhood, danger lies close to home. A domestic thriller packed full of secrets, and a twisty story that never stops—from the bestselling author of The Couple Next Door

He looks at her, concerned. “How do you feel?” She wants to say, Terrified. Instead, she says, with a faint smile, “Glad to be home.”

Karen and Tom Krupp are happy—they’ve got a lovely home in upstate New York, they’re practically newlyweds, and they have no kids to interrupt their comfortable life together. But one day, Tom returns home to find Karen has vanished—her car’s gone and it seems she left in a rush. She even left her purse—complete with phone and ID—behind.

There's a knock on the door—the police are there to take Tom to the hospital where his wife has been admitted. She had a car accident, and lost control as she sped through the worst part of town.

The accident has left Karen with a concussion and a few scrapes. Still, she’s mostly okay—except that she can’t remember what she was doing or where she was when she crashed. The cops think her memory loss is highly convenient, and they suspect she was up to no good.

Karen returns home with Tom, determined to heal and move on with her life. Then she realizes something’s been moved. Something’s not quite right. Someone’s been in her house. And the police won't stop asking questions.

Because in this house, everyone’s a stranger. Everyone has something they’d rather keep hidden. Something they might even kill to keep quiet.

**Watching You**

thriller

<https://www.waterstones.com/book/watching-you/lisa-jewell/9781780896434>

£12.99 x £9.99

<https://www.amazon.de/Watching-You-Brilliant-psychological-author/dp/1780896433/ref=sr_1_1?s=books-intl-de&ie=UTF8&qid=1531483337&sr=1-1&keywords=Watching+you>

€9.66

'Page one intrigued me. Page three hooked me. By page five, I was consumed. This compulsive, propulsive novel is both a seize-you-by-the-throat thriller and a genuinely moving family drama. Stellar.' - A J Finn

You're not the only one watching.

You're back home after four years working abroad, new husband in tow. You're keen to find a place of your own. But for now you're crashing in your big brother's spare room. That's when you meet the man next door.

He's the head teacher at the local school. Twice your age. Extraordinarily attractive. You find yourself watching him. All the time. But you never dreamed that your innocent crush might become a deadly obsession. Or that someone is watching you.

Family secrets, illicit passion and an unexplained murder? It can only be the gripping new novel from Lisa Jewell, bestselling author of Then She Was Gone.

Publisher: Cornerstone

ISBN: 9781780896434

Number of pages: 496

Weight: 632 g

Dimensions: 222 x 144 x 42 mm

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**If I stay**

fiction

<https://www.waterstones.com/book/if-i-stay/gayle-forman/9780552775458>

£7.99

<https://www.amazon.de/If-I-Stay-Gayle-Forman/dp/0552775452/ref=sr_1_1?ie=UTF8&qid=1531465425&sr=8-1&keywords=books+in+english>

€5.99

<https://books.google.de/books?id=YtIAA_LS86kC&printsec=frontcover&hl=de&source=gbs_ge_summary_r&cad=0#v=onepage&q&f=false>

Life can change in an instant. A cold February morning . . . a snowy road . . . and suddenly all of Mia's choices are gone. Except one. As alone as she'll ever be, Mia must make the most difficult choice of all. Gripping, heartrending and ultimately life-affirming, If I Stay will make you appreciate all that you have, all that you've lost - and all that might be.

Publisher: Transworld Publishers Ltd

ISBN: 9780552775458

Number of pages: 272

Weight: 196 g

Dimensions: 198 x 127 x 18 mm

**Be a Sloth**

[**Sarah Ford**](https://www.waterstones.com/author/sarah-ford/452256) (author)

comedy

<https://www.waterstones.com/book/be-a-sloth/sarah-ford/anita-mangan/9781846015786>

£5.99

<https://www.bookdepository.com/Be-a-Sloth/9781846015786>

<https://www.amazon.de/Be-Sloth-Sarah-Ford/dp/1846015782/ref=sr_1_1?s=books-intl-de&ie=UTF8&qid=1531911519&sr=1-1&keywords=be+a+sloth>

Sloth takes life at his own pace. He knows what makes him happy (naps, box-set binges, a good banana) and what makes him unhappy (laundry day, the gym, people who don't recycle), and he makes sure his life is filled with more of the former than the latter. He is kind to his environment, but, just as importantly, he is kind to himself.

Be like Sloth, and you'll discover the secret to escaping the rat race and living a happy life in the slow lane.

A fun little gift book full of cute, hilarious and inspirational sloth mantras.

Publisher: Octopus Publishing Group

ISBN: 9781846015786

Number of pages: 96

Weight: 130 g

Dimensions: 117 x 151 x 10 mm

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**The Three-Body Problem**

<https://www.bookdepository.com/Three-Body-Problem-Cixin-Liu/9781784971571?ref=grid-view>

Science fiction

1967: Ye Wenjie witnesses Red Guards beat her father to death during China's Cultural Revolution. This singular event will shape not only the rest of her life but also the future of mankind.

Four decades later, Beijing police ask nanotech engineer Wang Miao to infiltrate a secretive cabal of scientists after a spate of inexplicable suicides. Wang's investigation will lead him to a mysterious online game and immerse him in a virtual world ruled by the intractable and unpredictable interaction of its three suns.

This is the Three-Body Problem and it is the key to everything: the key to the scientists' deaths, the key to a conspiracy that spans light-years and the key to the extinction-level threat humanity now faces.

show less

Format Paperback | 416 pages

Dimensions 129 x 198 x 35mm | 308g

Publication date 30 May 2018

Language English

ISBN10 178497157X

ISBN13 9781784971571

Bestsellers rank 936

The Outsider

Stephen King (author)

https://www.waterstones.com/books/search/term/outsider

<https://www.amazon.de/Outsider-Novel-Stephen-King/dp/1501180983>

https://www.bookdepository.com/Outsider-Stephen-King/9781473676350 https://wordery.com/the-outsider-stephen-king-9781473676350

'*The Outsider* gives King fans exactly what they want at the same time as cramming in new ideas.' - *The Guardian*

When an eleven-year-old boy is found murdered in a town park, reliable eyewitnesses undeniably point to the town's popular Little League coach, Terry Maitland, as the culprit. DNA evidence and fingerprints confirm the crime was committed by this well-loved family man.

Horrified by the brutal killing, Detective Ralph Anderson, whose own son was once coached by Maitland, orders the suspect to be arrested in a public spectacle. But Maitland has an alibi. And further research confirms he was indeed out of town that day.

As Anderson and the District Attorney trace the clues, the investigation expands from Ohio to Texas. And as horrifying answers begin to emerge, so King's propulsive story of almost unbearable suspense kicks into high gear.

Terry Maitland seems like a nice guy but there is one rock-hard fact, as unassailable as gravity: a man cannot be in two places at the same time. Can he?

*Publisher: Hodder & Stoughton General Division*   
*ISBN: 9781473676350*   
*Number of pages: 496*   
*Weight: 786 g*   
*Dimensions: 240 x 162 x 42 mm*

**Nineteen Eighty-four**

Science fiction

**6,99 €**

<https://www.bookdepository.com/Nineteen-Eighty-four-George-Orwell/9780141036144?ref=grid-view>

Renowned urban artist Shepard Fairey's new look for Orwell's classic dystopian tale

One of Britain's most popular novels, George Orwell's Nineteen Eighty-Four is set in a society terrorised by a totalitarian ideology propagated by The Party.

Winston Smith works for the Ministry of Truth in London, chief city of Airstrip One. Big Brother stares out from every poster, the Thought Police uncover every act of betrayal. When Winston finds love with Julia, he discovers that life does not have to be dull and deadening, and awakens to new possibilities. Despite the police helicopters that hover and circle overhead, Winston and Julia begin to question the Party; they are drawn towards conspiracy. Yet Big Brother will not tolerate dissent - even in the mind. For those with original thoughts they invented Room 101. . .

Nineteen Eighty-Four is George Orwell's terrifying vision of a totalitarian future in which everything and everyone is slave to a tyrannical regime. The novel also coined many new words and phrases which regular appear in popular culture, such as 'Big Brother', 'thoughtcrime', 'doublethink' and 'Newspeak'.

Format Paperback | 336 pages

Dimensions 110 x 178 x 30mm | 180g

Publication date 01 Oct 2008

ISBN10 0141036141

ISBN13 9780141036144

Bestsellers rank 16

**Ready Player One**

7,89 € ~~10,30 €~~

Science fiction

<https://www.bookdepository.com/Ready-Player-One-Ernest-Cline/9780099560432?ref=grid-view>

\*\*\*NOW A MAJOR MOTION PICTURE DIRECTED BY STEVEN SPIELBERG\*\*\*

A world at stake. A quest for the ultimate prize. Are you ready?

It's the year 2044, and the real world has become an ugly place. We're out of oil. We've wrecked the climate. Famine, poverty, and disease are widespread.

Like most of humanity, Wade Watts escapes this depressing reality by spending his waking hours jacked into the OASIS, a sprawling virtual utopia where you can be anything you want to be, where you can live and play and fall in love on any of ten thousand planets. And like most of humanity, Wade is obsessed by the ultimate lottery ticket that lies concealed within this alternate reality: OASIS founder James Halliday, who dies with no heir, has promised that control of the OASIS - and his massive fortune - will go to the person who can solve the riddles he has left scattered throughout his creation.

For years, millions have struggled fruitlessly to attain this prize, knowing only that the riddles are based in the culture of the late twentieth century. And then Wade stumbles onto the key to the first puzzle.

Suddenly, he finds himself pitted against thousands of competitors in a desperate race to claim the ultimate prize, a chase that soon takes on terrifying real-world dimensions - and that will leave both Wade and his world profoundly changed.

If you loved READY PLAYER ONE and can't wait for more, check out ARMADA, Ernest Cline's latest geek masterpiece!

`Wildly original and stuffed with irresistible nostalgia, Ready Player One is a spectacularly genre-busting, ambitious, and charming debut' Independent

`Part intergalactic scavenger hunt, part romance, and all heart' CNN

`Ernest Cline's novel deserves to be a modern classic' SciFiNow

`Gorgeously geeky, superbly entertaining, this really is a spectacularly successful debut' Daily Mail

ormat Paperback | 384 pages

Dimensions 130 x 196 x 26mm | 280g

Publication date 05 Apr 2012

ISBN10 0099560437

ISBN13 9780099560432

Bestsellers rank 227

**Attack On Titan 25**

Science fiction

In this post-apocalyptic sci-fi story, humanity has been devastated by the bizarre, giant humanoids known as The Titans. Little is known about where they came from or why they are bent on consuming mankind. Seemingly unintelligent, they have roamed the world for years, killing everyone they see. For the past century, what's left of the human race has hidden in a giant, three-walled city.

ormat Paperback | 1 pages

Dimensions 125 x 191 x 17.78mm | 181.44g

Publication date 05 Jul 2018

ISBN10 1632366134

ISBN13 9781632366139

Bestsellers rank 693